



We meet Thursday nights

5:15–9:00 p.m.

At Christ Tabernacle

E-mail: herrickcr@gmail.com

Visit us on Facebook

www.facebook.com/recoveryherrickillinois

A Ministry of Christ Tabernacle

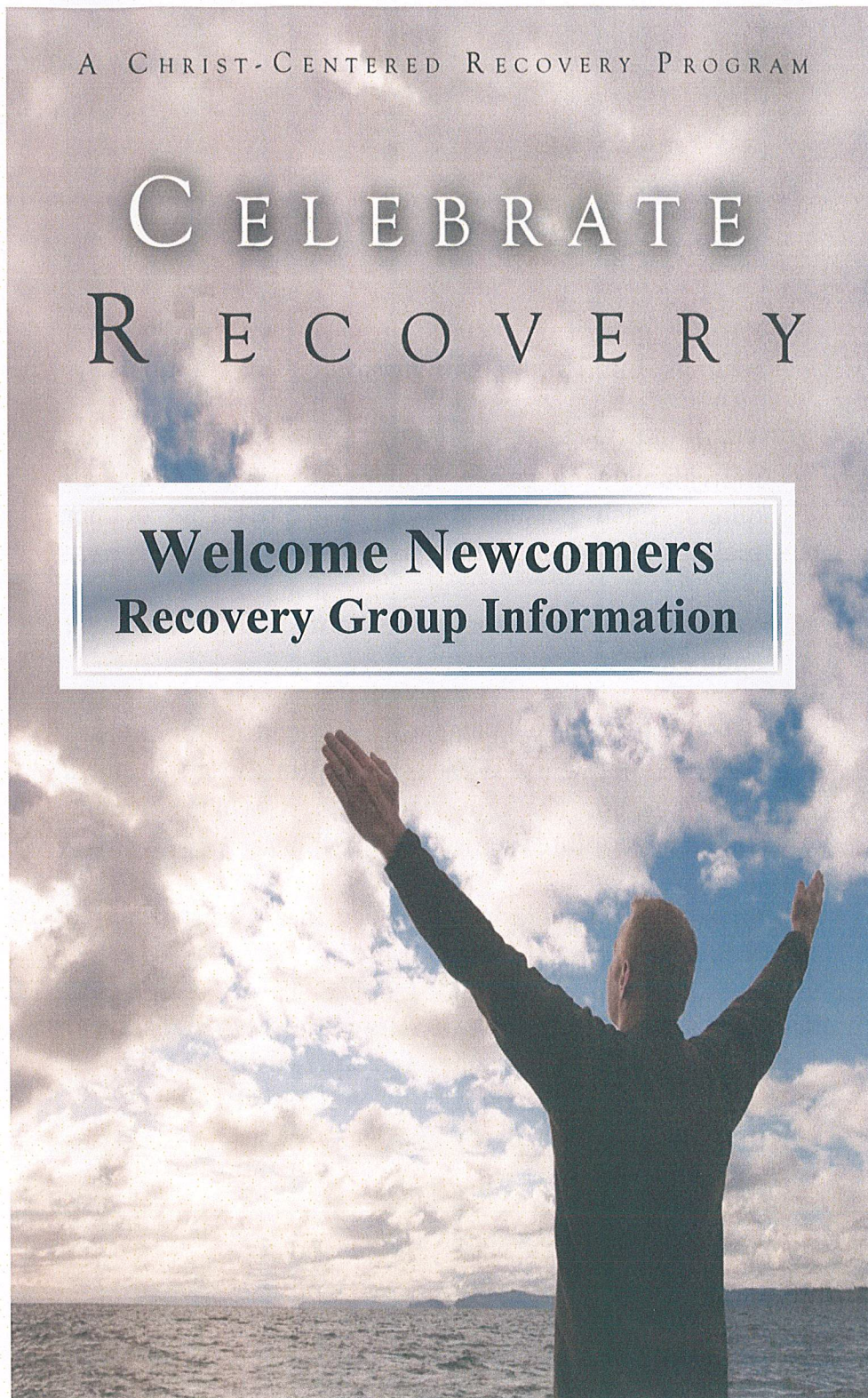
10 N. Myers St. Herrick, IL 62431

618-428-5600

A CHRIST-CENTERED RECOVERY PROGRAM

CELEBRATE RECOVERY

Welcome Newcomers
Recovery Group Information



Open Share/Small Group Guidelines

1. Keep your sharing focused on your own thoughts and feelings. Limit your sharing to three to five minutes.
2. There will be NO cross talk. Cross talk is when two individuals engage in conversation excluding all others. Each person is free to express his or her feelings without interruptions.
3. We are here to support one another, not “fix” one another.
4. Anonymity (not using names) and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ-centered recovery group.

Please be advised if anyone threatens to hurt themselves or others, their Open Share Group Leader has the responsibility to report it to a Celebrate Recovery Ministry Leader.

Celebrate Recovery Open Share Groups CAN:

- Provide you a safe place to share your experiences, strengths, and hopes with others that are also going through a Christ-Centered Recovery.
- Provide you with a leader who has gone through a similar hurt, hang-up or habit and who will facilitate the group as it focuses on a particular Step each week. The leader will also follow Celebrate Recovery's “Small Group Guidelines,” listed below.
- Provide you with the opportunity to find an Accountability Partner or a Sponsor.
- Encourage you to attend other recovery meetings held throughout the week.

Celebrate Recovery Open Share Groups Will NOT:

- Attempt to offer any professional advice. Our leaders are not counselors. At your request, we can provide you with a list of approved counseling referrals.
- Allow its members to attempt to “fix” one another.

Thursday Night Open Share Groups

Men's Groups

Chemically Dependent

If you find that you cannot quit drinking or using entirely, even when you honestly want to, or if you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem that only a spiritual solution will conquer.

General Issues

Women's Groups

Chemically Dependent

If you find that you cannot quit drinking or using entirely, even when you honestly want to, or if you have little control over the amount you consume, you are probably an alcoholic and/or an addict. If that is the case, you may be suffering from a problem that only a spiritual solution will conquer.

General Issues